

English Edition NAPIA

NAPIA is a newsletter distributed by the Nagasaki International Association for foreign residents.

Edited by the Nagasaki International Association

76th Ed., September 2026

Event
Report

2026 International Cultural Exchange Event For Kids - Learn! Have fun! Travel the world!

Held August 3, 2026, at Nagasaki City Public Library's Multipurpose Hall

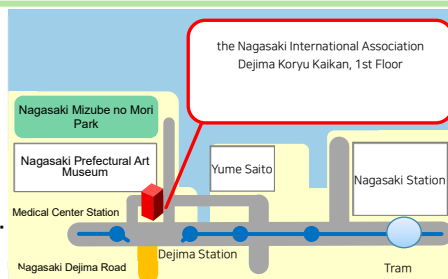


On August 3, 2026, we held the popular event for elementary school students, "Learn! Have Fun! World Travel Experience!" This event is organized to give children the opportunity to experience cultures from around the world and deepen their international understanding while having fun. This year, instructors from five countries, Kazakhstan, Mongolia, China, the United States, and the Democratic Republic of the Congo, introduced their countries' cultures, lifestyles, languages, and more. Carrying their special "passports," the children visited each country's booth and learned through interacting with the instructors from abroad. They enjoyed a variety of unique experiences, including listening to picture books read in English and Chinese and having their photos taken while wearing traditional clothing. The children were captivated by these rare and valuable opportunities, making it a fun-filled day that felt like a trip around the world.



**Public Interest Incorporated Foundation
the Nagasaki International Association**

〒850-8062 2-11 Dejima-machi, Nagasaki City
Phone: 095-823-3931/ Email: nia@nia.or.jp
Office Hours: Monday – Friday, 9:00 a.m. – 5:30 p.m.
(Closed on public holidays)



Official Homepage



Facebook



Nagasaki International Society's "Nagasaki Prefecture Consultation Center for Foreign People"

Event Report

(※) Japanese, English, Chinese, Korean, Vietnamese, Nepali, Indonesian, Thai, Tagalog, Malay, Portuguese, Spanish, French, Russian, German, Italian, Sinhala, Burmese, Khmer, Mongolian, Hindi, Bengali

Since 2019, the Nagasaki International Association has operated the "Nagasaki Prefecture Consultation Center for Foreign Residents" with the aim of creating an environment where foreign residents living in the prefecture can continue to live with peace of mind.

At the consultation center, we provide consultation on a wide range of concerns, including daily life, work, and visa and residency procedures. We aim to be an accessible and reliable source of support for foreign residents facing various worries and difficulties.

Consultation is free of charge and is available in person, by telephone, or by email. We provide multilingual support in 22 languages (*).

One of our key features is that people who are not fully confident in Japanese can receive consultation in their native language or another language they are comfortable using. Consultation is available from 9:00 a.m. to 4:00 p.m., Monday through Friday (excluding public holidays and the period from December 29 to January 3).

Diversification and Growing Complexity of Consultation Matters

In recent years, consultation topics have shifted from being primarily related to visa and residency procedures to a wider variety of increasingly complex matters.

More specifically, consultations regarding everyday matters such as employment and working conditions, interpersonal relationships and issues at work, concerns about children's education and school life, anxieties related to childbirth and child-rearing, problems involving marriage and divorce, domestic violence, and even psychosomatic stress and feelings of isolation have been increasing.

Behind this trend, in addition to the increase in the number of foreign residents, is the growing number of long-term and permanent residents, leading to a diversification of the challenges faced by foreign residents.

At our consultation center, we value providing support that is tailored to each individual's situation. When necessary, we collaborate with specialized institutions and support organizations to connect people with appropriate assistance.

Consultation Numerical Trends and Current State

Until recently, yearly consultations have been between 300 and 400. However, in recent years, in line with the increase of foreign residents, 2026 is seeing 1.6 times more consultations than it did last year. From this we understand that the consultation needs of foreign residents are rising. In order to continue providing

consultations, we are working with related institutions and improving the quality of the support we provide.

Specialist Consultation Session with an Administrative Scrivener Held on the 4th Saturday of Every Month

In addition to our regular consultation services, we hold a "Specialist Consultation Session with an Administrative Scrivener" on the 4th Saturday of every month. This session

provides an opportunity to consult directly, free of charge, with an administrative scrivener about matters requiring specialized knowledge, such as residence status and application procedures. Consultations are not limited to residence-related matters. A wide range of issues concerning daily life in Japanese society can also be addressed, and when necessary, referrals can be made to other specialized institutions and support organizations. Our consultation system is supported not only by administrative scriveners but also by related institutions, organizations that support foreign residents, and consultation offices in municipalities throughout the prefecture. By making use of this network, we are able to provide coordinated support. Even in complex cases, we believe it is important for all relevant parties to work together and provide assistance tailored to each individual's situation.

Community-Based Consultation Services

We believe it is important to ensure that foreign residents living in Nagasaki Prefecture have nearby consultation services that they can easily access. To achieve this, we plan to expand our efforts by offering consultations at outreach consultation sessions across the prefecture, Japanese language classes, and other venues where foreign residents gather. Through these initiatives, we aim to increase opportunities for consultation and support those who are unsure where to seek help or who find it difficult to visit a consultation service in person.

Building a Nagasaki People Where Are Happy to Live

To help ease concerns that arise from differences in language, systems, and other aspects of daily life, we will continue to improve our consultation services and strengthen cooperation with relevant organizations. We will also continue to listen to the voices of foreign residents and strive to provide support tailored to each individual. We will continue these efforts to build a community where everyone can live with peace of mind and where foreign residents can feel glad they chose Nagasaki.

September is Disaster Preparedness Month!

Make Use of the Disaster Preparedness Guidebook for Foreign Residents! - "Things You Need to Know Before Disaster Strikes!!"

September is Disaster Preparedness Month. You never know when and where a natural disaster may strike.

The Nagasaki International Association has created a disaster preparedness guidebook titled "Things You Need to Know Before Disaster Strikes!!" to help foreign residents understand what to do in the event of a disaster. It contains important information, from everyday preparedness to emergency response, presented in a clear and easy-to-understand format.

Many languages available!

To make the guidebook accessible to as many people as possible, it is available in the following five languages:

Japanese, English, Chinese, Korean, Vietnamese

*The Japanese version avoids difficult disaster-related terminology and is written in "Yasashii Nihongo" (Plain Japanese), using simple and easy-to-understand language.

Guidebook: Main Contents

Daily Preparedness

This section contains contact information for municipalities throughout Nagasaki Prefecture, information on how to locate evacuation shelters, and a checklist of emergency supplies (e.g., water, food, valuables, first-aid supplies, disaster preparedness items, etc.).

What to Do During a Disaster & Emergency Message Services

This section explains the basic actions you should take to protect yourself during different types of disasters, such as earthquakes, typhoons, and fires (e.g., taking cover under sturdy furniture, pulling over to the left side of the road, calling 119, etc.), as well as how to use disaster message services (e.g., web171) to confirm the safety of family and friends.

Evacuation Shelter Rules & Useful Japanese Phrases

This section contains information about basic rules at evacuation shelters, such as removing shoes indoors, sorting garbage, and toilet etiquette, as well as simple Japanese phrases that can be used to communicate information about

yourself and your situation during a disaster.

Available Free of Charge

This guidebook, along with our other publications, is available free of charge.

(How to Obtain a Copy)

Copies are available in person at our office, by mail, or as a PDF download from our official website.

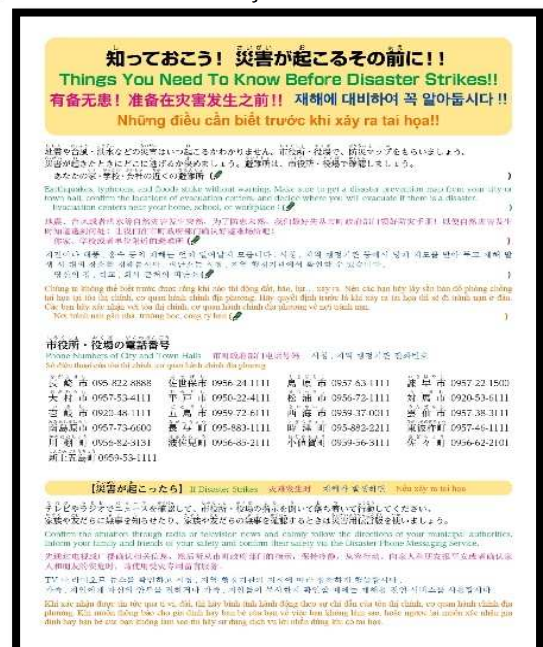
(Who Can Use It?) Anyone is welcome to use these materials, including foreign residents, their family members, supporters, companies and organizations that employ foreign staff, and local community disaster preparedness groups.

Please let us know the number of copies and languages required. We encourage you to make use of these materials for disaster preparedness drills, workplace training, and distribution to people arriving in Japan.

Other Useful Guidebooks for Foreign Residents

In addition to this guidebook, we also provide the "A Guidebook for Living in Nagasaki Prefecture," which contains essential information for daily life, and the "Guide to Using Medical Institutions" We encourage you to make use of these resources as well.

The first step in protecting yourself when disaster strikes is being prepared in advance. Why not start with some simple disaster preparedness measures today?





The 17th "Let's Talk in Nagasaki" Japanese Speech Contest for Foreign Residents

We are pleased to hold this event again for the first time in two years. Come and listen to the passionate speeches of the contestants. (Admission Free)

Date: Sunday, November 15, 2026

Time: 1:30 p.m. to 4:00 p.m.

Venue: Exchange Lounge, Basement Level 2,
Nagasaki National Peace Memorial Hall for the Atomic
Bomb Victims

Theme: Japan, Peace, and International Exchange from
the Perspective of Foreign Residents

For more details, please visit our website.

Nagasaki Prefecture Consultation Center for Foreign Residents

Office Hours: Monday to Friday, 9:00 a.m. to 4:00 p.m.

Closed: Saturdays, Sundays, Public Holidays,
and December 29 to January 3

TEL: 095-820-3377

Email: soudan@nia.or.jp

Location: Inside the Nagasaki International Association
(2-11 Dejima-machi, Nagasaki City)

Foreign residents living in Nagasaki, as well as Japanese
people involved with foreign residents, may consult us
regarding matters such as residence status, childbirth,
welfare services, and other aspects of daily life.

Free Multilingual Booklets for Foreigners Available

We provide the following three publications free of charge
in Japanese, English, Chinese, Korean, and Vietnamese
for anyone involved with foreign residents.

*If you would like copies sent by mail, please contact us.

Free Multilingual Booklets

"A Guidebook for Living in Nagasaki Prefecture"

"Things You Need to Know Before Disaster Strikes!!"

"Guide to Using Medical Institutions"

The 28th Nagasaki International Festival

This year's festival will once again feature a wide
variety of activities that both children and adults can
enjoy. Japanese and international participants
involved in international exchange and international
cooperation look forward to welcoming you. We hope
to see you there!

Date: Sunday, December 13, 2026

Time: 11:00 a.m. to 4:00 p.m.

Venue: First Floor, Nagasaki Prefectural Government
Building

For more details, please visit our website.

Supporting Members Wanted

Our mission is to create communities where people
from around the world can live together and interact.
We work to promote communities in which Japanese
and foreign residents understand, support, cooperate
with, and live alongside one another.

To ensure the stable operation of our activities, we are
seeking individuals, companies, administrative
organizations, and private organizations that support
our mission and are willing to assist our efforts.

Annual Membership Fee Individual Member:

¥3,000 per unit

Corporate Member: ¥10,000 per unit

Seeking: Foreign Volunteer for Business Support

We are looking for volunteers willing to support our
activities on Monday, Tuesday, Thursday, and Friday
afternoons from 1:00 pm to 4:00 pm. You will be paired
with a Japanese volunteer. You will have basic
responsibilities such as making copies of newspapers
or folding brochures. To cover any potential travel
fees, we offer a reimbursement once per month of
1,000 yen per visit you made.

Please don't hesitate to reach out if you're interested!

Phone: 095-823-3931

Supporting Members

Adachi Co., Ltd. Ougiseiko Holdings Co., Ltd. Yanase Sangyo Co., Ltd. Nagasaki Prefecture Fruit and Vegetable
Shipping Cooperative Association Toukou Industry Co., Ltd. and 18 Individual Members