

NAPIA

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The 15th ~Let's Talk in Nagasaki~ Japanese Speech Contest for Foreigners was held!

On (Saturday) 14th October 2023, "The 15th ~Let's Talk in Nagasaki~ Japanese Speech Contest for Foreigners" was held at the Nagasaki National Peace Memorial Hall for the Atomic Bomb Victims. Eleven foreigners living in Nagasaki Prefecture from four different countries entered the contest. The contestants gave speeches on a variety of topics such as Nagasaki dialect that they came across while working part-time jobs, the little joys they experienced living in Japan, and their wishes for world peace.

Audience members made the following comments about the speech contest: "I realized that language is an even greater barrier for foreigners than Japanese people imagine. I want more Japanese people to hear about it." "I was impressed these young foreigners experienced various things with great sensitivity even while going through great hardships. I look forward to next year's speech contest as well!"

Thank you to all the contestants who put in a lot of effort and presented us with wonderful and memorable speeches.



After the speech contest, with the contestants

You can watch the winner's speech here!



The 25th Nagasaki International Festival was held!

On (Sunday) 29th October 2023, "The 25th Nagasaki International Festival" was held at the Nagasaki Prefectural Government Office for the first time in four years! On the day, about 2,300 people attended the event. A total of 31 organizations associated with international exchange/co-operation participated, including supervising organizations (union associations) which participated for the first time this year. Participating organizations exhibited their organization's activities, sold overseas handmade goods, provided kimono/tea ceremony experiences, provided Vietnamese "statue" painting experiences, and sold international cuisine lunches. Thank you to everyone who participated in and attended the festival!



Exchange with the Nagasaki Indonesia Community



Kimono and Tea Ceremony Experience



Vietnamese "Statue" Painting Experience

Introducing an Organization that is Active in International Exchange and Cooperation within Nagasaki Prefecture — Friendship International Sasebo —

In Nagasaki Prefecture, there are many organizations that are active in international exchange/cooperation. This time, Mr. Yoshiaki Kikuchi, a representative of Friendship International Sasebo, shared with us about the activities of his organization, which celebrated its 25th anniversary this year.

Friendship International Sasebo (FIS) was established in 1998 by enthusiastic volunteers in response to the demands of the times. Since then, we have been conducting volunteer Japanese language support activities for foreigners living in the suburbs of Sasebo City. Currently, we are running four Japanese classes a week at two locations within Sasebo City, which are attended by 30 foreigners from 11 different countries. Participants include technical intern trainees, international students, ALTs, foreigners who moved to Sasebo due to an international marriage, elementary/junior high/senior high school students attending a Japanese school, as well as foreigners living in faraway locations such as Saikai City, Matsuura City and Hasami-cho, who willingly travel a long way to attend the lessons. Although it has been 15 years since I retired and began my activities with this organization, I have been serving as the organization's representative since the year before last.



Japanese language class

There are 30 people who registered as volunteers for the Japanese language support lessons, and most of these people are housewives. The unique feature of FIS is the one-on-one lesson format between the teacher and the student. Teaching while being close to the student allows for the mutual deepening of trust and allows the teacher to develop a sense of responsibility. There may be some classes without enough volunteers, however, we make adjustments between the classes to try and provide one-on-one instruction as much as possible. There are some volunteers who teach 2 to 3 times a week. The dedication and efforts of all the volunteers has been the driving force behind the continued operation of FIS to this day.

What all students have in common is a strong desire to experience various aspects of Japanese culture. Therefore, at FIS, we place emphasis not only on Japanese language support, but also on exchange events, by proactively holding events and disseminating information about local events. Although we temporarily reduced our activities during the COVID-19 pandemic, we are now returning to the normal format we had four years ago. We had a trip departing on a local train to view the cherry blossoms, and for the international cuisine cooking class that we held in September, we had 25 people participate. In October we held a Halloween party and in December we will hold a Christmas party for the first time in four years. We will also hold the popular “trying on a kimono” from time to time.

With the revision of the technical intern training program and specified skilled worker, it is expected that it will become easier to accept people from foreign countries. We will work hard to create a symbiotic society so that foreigners can eliminate their “language anxiety” and live without worries.



Matsuura Railway to
Cherry Blossom Viewing



International Cuisine Cooking Class



Bowling Tournament

◆ Friendship International Sasebo

Address: 2-200-26 Tenjin, Sasebo City 857-1174

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About Medical Insurance in Japan

All residents in Japan are covered by public medical insurance, regardless of their nationality. It is a system where all members contribute money to help pay for necessary medical treatment. By showing your health insurance card to the reception desk of the hospital, you only have to pay a portion of your medical bill and so you can receive medical treatment with ease of mind. There are three types of medical insurances, and you will be covered by one of them.

① Health Insurance

■ Who is covered by it?

Those who meet the criteria such as working at least 20 hours a week and earning a salary of at least 88,000 yen a month will be covered by their company's health insurance. Those covered by this type of insurance can also have their family members living in Japan covered as well. Please check with your company whether you or your family members living in Japan are eligible to join.

■ How do you join?

Applications are made through your company. Your company will pay for half of the monthly health insurance fees.



② National Health Insurance

■ Who is covered by it?

Those who are not covered by Health Insurance through their workplace, are under 75 years old and have been living in Japan for longer than 3 months are eligible to join. However, those with special residency status such as the "designated activities" visa for medical stay are not eligible.

■ How do you join?

Applications are made at your local city office. You will no longer be covered by National Health Insurance once you start working and join Health Insurance through your company, or if you move to a different town or city to the one you are currently living in. Make sure to contact your local city office. Monthly fees vary depending on the number of family members and income.

③ Medical Care System for the Elderly

■ Who is covered by it?

Foreigners who are 75 years or over and have lived in Japan for more than 3 months (those with a special residence status are not eligible to join)

■ How do you join?

Applications are to be made through your local city office (some city offices do not require for applications to be made). For those who had Health Insurance, this will finish. The premiums you pay will vary depending on your income.

You can read "Guidebook on Living and Working", which is written in multiple languages, on the Immigration Services Agency website. You can access it from the QR code on the right!



<Reference> Guidebook for Living and Working~For Foreigners Living in Japan~(Immigration Bureau of Japan)

What Kind of Consultation Center is the "Nagasaki Prefecture Consultation Centre for Foreign People"?

We provide consultation services in 22 languages so that foreigners living in Nagasaki Prefecture can live comfortably and safely. You can consult with us by phone, email, or in person about any problems regarding residence status, work, medical care, welfare, lifestyle, etc. Consultations are free of charge.

Consultation methods

- Consultation in person: Within the Nagasaki International Association (Dejima Koryu Kaikan 1st Floor, 2-11, Dejima-machi, Nagasaki City)
- Consultation by phone: 095-820-3377
- Consultation by E-mail: soudan@nia.or.jp



Consultation hours Monday to Saturday (9:00am to 5:00pm)

*Closed on Sundays, public holidays, and from December 29th to January 3rd

Expert consultation session for foreign people

You can have a free consultation with an administrative scrivener about matters related to residence status, legal matters, work, etc. If you would like a consultation, please make a reservation.

- When: The 4th Saturday of every month (1:30pm to 4:30pm)

(This schedule is subject to change, so please check our website or Facebook page for any updates.)

- Where: Nagasaki Prefecture Consultation Center for Foreign People (Dejima Koryu Kaikan 1st Floor, 2-11, Dejima-machi, Nagasaki City)
- TEL: 095-820-3377

Event Announcement

“Calendar Market 2024 ~International Cooperation That You Can Do Too~”

(Organizer: International Students NGO BOAT, Nagasaki University)

At Calendar Market, we will be selling calendars and notebooks donated by companies, starting at 100 yen. All proceeds will be donated to Philippine NGOs “Development Action for Women Network” and “Chilhope Philippines Foundation”. Entry is free so anyone is free to come! We look forward to seeing you there!

- When: 10am to 4pm (Sunday) 7th January 2024
- Where: 2F Hall, Nagasaki Prefectural Art Museum (2-1 Dejima-machi, Nagasaki City)
- Contact: International Students NGO BOAT, Nagasaki University (E-mail: boat.kannbu@gmail.com)



“Nagasaki Multicultural Festival” (Organizer: International Affairs Division, Nagasaki City Hall)

We will hold an international exchange event where you can casually enjoy experiencing foreign cultures. In addition to stage events featuring performances of various musical instruments and folk music, there will also be plenty of booths where you can experience the culture of various countries such as through introduction of the activities of international exchange organizations active within Nagasaki City and trying on traditional clothing of foreign countries. There will also be the mask changing show. Please come and join the fun!

※ There won't be any “champon” at the festival

- When: 12:30pm to 4:00pm (Saturday) 20th January 2024
- Where: 3F Nagasaki Brick Hall (2-38 Mori-machi, Nagasaki City)
- Contact: International Affairs Division, Nagasaki City Hall (TEL: 095-829-1113)



“Gallery Talk for Foreigners” (Organizer: the Nagasaki Museum of History and Culture)

Staff members will provide explanations about each theme while guiding guests through each room. There are days for explanations in “easy Japanese”, and days for explanations in English. Bookings are essential.

《Theme》 Nagasaki and China: During the Edo Period (about 460 years ago), Nagasaki had exchanges with China. We will introduce items which were introduced to Nagasaki from China, and items from Nagasaki that were introduced to China.

- Easy Japanese: 1:30pm to 2:30pm (Sunday) 21st January 2024
- English: 2:30pm to 3:30pm (Sunday) 21st January 2024

Make a reservation here!



《Location》 Nagasaki Museum of History and Culture (1-1-1 Tateyama Nagasaki City)

《Who can attend》 Foreigners living in Nagasaki Prefecture, people with a foreign background

《Capacity》 Up to 15 people each day (first 15 people to make a booking)

《Admission Fee》 Those attending this event must pay the admission fee

*Adults 500 yen / Senior high school students 250 yen / International students, elementary school students and junior high school students living in Nagasaki Prefecture have free admission

*International students must show their student identification card.

《Other》 Japanese citizens accompanying foreigners residing in Nagasaki Prefecture are also welcome to attend.

Please use the QR code above to make a booking.

《Contact》 Nagasaki Museum of History and Culture Attention: Ms. Sueyoshi (TEL : 095-818-8389)

Nagasaki International Association

We are open from Mon.-Fri. except public holidays. 9:00-17:30

2-11 Dejima-machi Nagasaki City TEL : 095-823-3931 FAX : 095-822-1551

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Website



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