

NAPIA is a newsletter issued by Nagasaki International Association for foreign residents.  
Edited by: Nagasaki International Association

## About the Nagasaki International Association

Have you heard of the Nagasaki International Association?

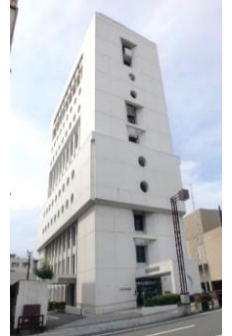
We are a bridge between Nagasaki and many different countries across the world.

We also offer lots of information about international exchange and life in Nagasaki.

We are open from Monday to Friday, between 9:00am and 5:30pm.

(excluding Saturdays, Sundays, and Public Holidays)

Please feel free to drop by!



**We reformed the website of Nagasaki International Association!**

We introduced the automated translation system, and the website is available in five languages: Japanese, English, Korean, Chinese, and Vietnamese. We also updated the information about the events of Nagasaki International Association and the notices from the Nagasaki Prefectural Government about COVID-19. So, please check it out.

★ 【Website】

<https://www.nia.or.jp/>

★ 【Facebook】

<https://www.facebook.com/nia.nagasaki/>

Please "like" and  
"follow" us!!



**Let's prepare for disasters before they occur!**

In Japan, June and July are the rainy season of the year called "tsuyu". Japan is also a country with many earthquakes worldwide. In the Kyushu region, a strong earthquake of maximum magnitude seven on the Japanese scale occurred in April 2016. It is called the Kumamoto earthquake. How are you preparing for disasters? Let's prepare for disasters little by little daily so that you do not get into a panic when a disaster occurs. This time, we summarized what to bring when you have to evacuate in the event of a disaster. Prepare things to bring thinking about what you and your family would need.

## A checklist of things to bring when evacuating.

### 【Points】

1. Pack these items in an easy to carry bag (like a backpack).
2. Review the contents regularly.
3. Prepare things to bring prioritizing what is important to you and your family.



- ☐ Canned food, drinking water (3 liters per person, per day), ready-to-eat food, and high-calorie foods like chocolate.
  - ☐ Money (including coins), bank book, personal seal, health insurance card, driver's license, passport, residence card, spare glasses etc.
  - ☐ Band-aids, bandages, antiseptic, digestive medication, painkillers, and any other medication that you regularly take.
  - ☐ Portable radio, flashlight, and extra batteries, photographs of your family to look for them when you get split up.
  - ☐ Underwear, socks, sports shoes, towel, toiletries, sanitary items, etc.
  - ☐ Umbrella, raincoat, work gloves, knife, lighter, candles, helmet, protective hood, etc.
- ※Households with infants, the elderly, or pregnant women: prepare any necessary items like diapers and milk.



**In case of disaster,  
let's consult Nagasaki Prefecture Disaster Multilingual Support Center!**



It is a center that provides foreign residents with disaster information in multiple languages and receives consultations about disasters when a major disaster occurs in Nagasaki Prefecture. Please contact this center if you have any problems due to a disaster.

● **Location:** Nagasaki Prefectural Government Office(3-11 Onouemachi, Nagasaki City)

● **The Role of the Center**

- (1) They provide disaster information in easy Japanese and multiple languages.
- (2) They take consultations and inquiries relating to disasters from foreign residents.
- (3) They research the evacuation status of foreign residents.



● **The telephone number of Nagasaki Prefecture Disaster Multilingual Support Center**

We will inform you of the telephone number on our website or Facebook when we decide to open the center.

～Make use of the leaflet, “Let’s know ! Before a disaster occurs!” as well～

We never know when disasters such as earthquakes, typhoons, and floods occur. In this leaflet, we summarize what we should prepare before they occur and how we cope with them when they occur.

Search for the leaflet



The website of Nagasaki International Association ⇒ To foreigners ⇒ Disaster Prevention



## From the World to Nagasaki

### ~Introducing a Foreign Resident in Nagasaki~



Rassul Kumatov (From Kazakhstan)



〈Ref.〉 Ministry of Foreign Affairs of Japan

<https://www.mofa.go.jp/mofaj/area/kazakhstan/index.html>

My name is Rassul Kumatov. I am a first-year Ph.D. student at Nagasaki University, studying preventive medicine.

I was born in Semey city, East Kazakhstan. The temperature in Kazakhstan varies from - 40 in the winter to plus 40 in the summer. As a part of the former Soviet Union, we speak Russian very well. As a former nomadic country, we love meat very much. Many families buy 20-40 kg of meat, then freeze it and cook it the whole season, usually winter.

I started learning Japanese when I studied at Semey Medical University. My teacher was very kind and patient to show me the beautifulness of the Japanese language. She was an Aikido black belt and visited Japan several times.

My hobby is reading and sports, like yoga and martial arts. Thanks to the internet, one can easily work out at home for free. My favorite writers are Alexander Solzhenitsyn, Fedor Dostoyevski, and George Orwell.

My girlfriend and I love Japanese food and cats in Nagasaki. We were shocked that many cats are calm and relatively fat. Also, their short tails are really cute.

I admire people like Jordan Peterson, a Canadian professor of Clinical Psychology. He states that the meaning of life can be found through responsibilities. To do as much good as you possibly can. I have a feeling that many Japanese people share his ideals. That is why I admire Japanese people and have many to learn from them. I am grateful to my family and everyone who supports me.

Beshbarmak

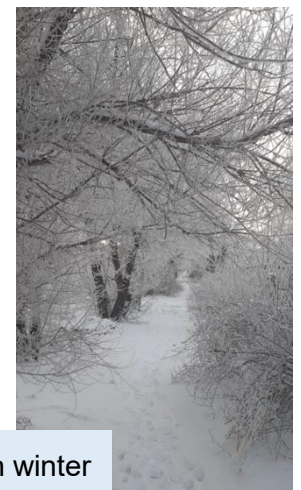


A national dish of Kazakhstan using mutton

A quiet cat of Nagasaki



Kazakhstan in winter



### Beginner's Japanese Language Course for Foreign Residents

- **Date and time:** August 2021- February 2022, 18:10-19:40 every Tuesday
- **Place:** "Chikyu-Shimin Hiroba", Nagasaki Brick Hall 2F, 2-38 Mori-machi, Nagasaki City
- **Contents:** Foreign residents living in Nagasaki City, or foreign residents who work or go to school in Nagasaki City can study Japanese for free. Citizen Volunteers teach you Japanese used in your daily life. However, a textbook fee is required. It is 2,970 yen.  
We will also have new courses on Wednesdays (day course) and Thursdays (night course) from September.
- **Inquiries/Applications:** International Affairs Division of Nagasaki City Hall, 2-22 Sakura-machi, Nagasaki City, 850-8685  
TEL: 095-829-1113 / FAX: 095-828-8929 / E-mail: [kokusai@city.nagasaki.lg.jp](mailto:kokusai@city.nagasaki.lg.jp)  
**The courses may be changed or canceled due to the spread of COVID-19.**  
**Please visit the Nagasaki City website for details.**



### Announcement from the NIA

#### We will have the 23rd Nagasaki International Festival online!

This year, we are preparing some small-scale events and online courses that foreign residents living in Nagasaki Prefecture and citizens of the prefecture can enjoy together during one month in October as a festival month. We will let you know the schedule and details of the content on our website as soon as we decide them. Please check it out.

- Providing digital content such as photos and videos online.

We will post digital contents such as introductions of activities of international cooperation and exchange groups in the prefecture on the official website of Nagasaki International Association, Facebook, and YouTube for a certain period, which is scheduled in October for one month.

- Having small-scale events at Nagasaki Prefectural Government Office.
- Having small-scale courses and online courses. (Advance booking is needed.)
- Holding Japanese culture experience class for foreign residents. (Advance booking is needed.)

Scan this to access our website!



If you have any comments or suggestions about NAPIA, please let us know.

## Nagasaki International Association

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Facebook : <https://www.facebook.com/nia.nagasaki/>