

# **NAPIA** VOL. 35 June 2016

*NAPIA is a newsletter issued by Nagasaki International Association for foreign residents.*

Edited by: Nagasaki International Association

## **Introduction to the Nagasaki International Association**

Do you know about the Nagasaki International Association?

We exist as a bridge between Nagasaki and many different countries and cultures across the world. We also provide a great deal of information on international exchange and life in Nagasaki.

We are open from Monday to Friday, between 9:00am and 5:30pm. We have books and pamphlets about international exchange available on our exchange floor which anyone is welcome to use. Please feel free to drop by!



## **“Things to Know Before Disaster Strikes!!” has been updated.**

The Nagasaki International Association’s publication “Things to Know Before Disaster Strikes!!” has been updated to be easier to understand. As before, all the information contained therein is in Japanese, English, Chinese, and Korean. In Nagasaki we all must take special precautions against typhoons and floods. Every year between June and October many typhoons form and with those often come floods. Furthermore, this year we recorded a 5.0 magnitude earthquake here in Nagasaki during the Kumamoto Earthquake in April. In “Things to Know Before Disaster Strikes!!” are things to do to prepare for natural disasters as well as what to do afterward. Please take advantage of this publication and be well informed and ready to act when disaster strikes.

- This publication is available at the Nagasaki International Association.
- This publication can also be viewed from our website.

URL : <http://www.nia.or.jp/record/files/medias/07link/saigai.pdf>



“Things to Know Before Disaster Strikes!!”

### **<Announcement!>**

The “Nagasaki Hospital Guide” is set to be republished in August under the new title “Guide for Using Medical Institutions.” It will contain a wealth of information useful when seeking treatment at a Japanese hospital. We are confident that it will come in handy for many foreign residents of Nagasaki.

## Introducing the new CIRs!

Two new Coordinators for International Relations (CIR) have taken up their post in Nagasaki. They are Mr. Zhao from China and Ms. Song from Korea. They were kind enough to write short self introductions. They'll be working here in Nagasaki prefecture for a while so I hope many of you get the chance to meet them!



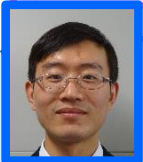
안녕하세요! Hello everyone!

My name is Song Minkyung and I am the new Korean CIR at the Nagasaki Prefectural Office.

Before I arrived in Japan I was living in Seoul, but I'm originally from Busan. Being only 49.5km away from Tsushima, Busan is the closest major Korean city to Japan. I am very excited to be able to live here in Nagasaki which has been connected to my hometown since long ago. This year 11 new CIRs came from Korea and I heard that most of them requested Nagasaki as their place of employment. Once I got here I understood why. Nagasaki is such a pretty place with the ocean nearby and the beautiful night view. I feel very lucky that I was chosen among my rivals to come here and be able to work with you all.

By the way, this is not my first time to Nagasaki. I once visited Nagasaki during my time as an exchange student at a junior high school in Okayama prefecture. I visited lots of sight seeing spots like Glover Garden, Shinchin Chinatown, and Spectacles Bridge but as I got older I seemed to only be able to remember Nagasaki as "a town with a lot of hills". This time around I want to discover my own favorite spots in Nagasaki and make lots of memories. I even went last weekend to the hot spring on Mt. Inasa. As I soaked in one of the outdoor baths and looked at the beautiful view I could feel the weariness of the previous week melting away. If any of you out there have recommendations for tasty places to eat or nice spots to visit I would love to hear about them.

I am looking forward to meeting as many people as I can and doing my best to create some great exchange with all of you. Thank you very much.



Hello everyone. My name is Zhao Xiaoqing and I am the new Chinese CIR at the Nagasaki Prefectural Office. I arrived in April and I'll be working in Nagasaki until April of 2017. I'm originally from Jiangsu Province but I've lived in Shanghai ever since I started college. If you ever have the opportunity to visit Jiangsu or Shanghai please do. I would be happy to show you around.

This is actually not my first visit to Japan. Starting in late 2013, I was an exchange student for a year at Kobe University and lived on Kobe's man-made Port Island. Since arriving in Nagasaki I've realized two things. First is that Nagasaki and Kobe are surprisingly similar. They are both blessed with the sea as well as mountains and both have beautiful night views. Also, they each have been involved with overseas exchange since long ago with bustling trade and Chinatowns with their own history. Second is that I'm super lucky to be able to live for a year each in two famous port cities. Furthermore, just as I heard before I arrived, Nagasaki is a place very closely connected to China. There are connections to China all over the place like the Temple of Confucius, The Former Hong Kong and Shanghai Bank Nagasaki Branch Museum, Shinchin Chinatown, Spectacles Bridge and more. If I ever get homesick I know where I can go for relief.

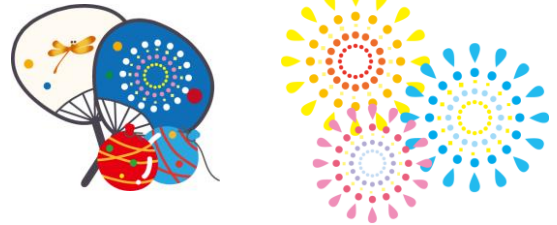
My hobby is table tennis and I'm crazy about it even though I'm not very good. If you ever have the chance, let's play together. I would like to make lots of friends during my time here in Nagasaki. I want to meet and interact with many people, be they Nagasaki locals or people from abroad. Thank you.

◆◇2016 Nagasaki Port Festival (Nagasaki City)◆◇

This festival is held every July with the aim of attracting tourists and residents alike to the waterside to enjoy all that the harbor has to offer. This event is firmly established as Nagasaki’s signature summer festival. There plenty of attractions for guests of any age to enjoy including live performances on stage, food and drink stands, fireworks and more.

Time : July 30<sup>th</sup> and 31<sup>st</sup>, 2016

Place : Nagasaki Seaside Park and Nagasaki Port



◆◇Glover’s Night (Nagasaki City)◆◇

This summer, the garden which usually closes at 6pm will stay open until 9:30pm to deliver to you a magical atmosphere entirely different from the garden during daytime. All the Western-style buildings, including the Former Glover Residence, will be lit up around you and you can see the night view of Nagasaki unfurl below you. On certain nights there will also be beer gardens and musical concerts. Please come and enjoy all that Glover’s Night has to offer.

Time: from July 16<sup>th</sup> to October 9<sup>th</sup>, 2016.

Place: Glover Garden



◆◇Omura Nagoshi Fireworks Display (Omura City)◆◇

The Natsugoshi festival covers three full days! The fireworks display will be held on first evening. The main part of the festival will be held in the streets surrounding Omura Station and will include heaps of performances like taiko (Japanese drums), local folk entertainment, and “Natsugoshi” dancing. The Natsugoshi dancing, which will span two hours and be joined by many people from the community, is not to be missed!

Time: August 1<sup>st</sup> to 3<sup>rd</sup>, 2016

Place: Around Omura Station



There are many other events happening all over the prefecture this summer so please go check them out!

Remember that heatstroke is not uncommon in the summer so make sure to take precautions against it.

**! Stay hydrated!**

Remember to drink water frequently even if you aren’t thirsty. Drinks with electrolytes and sugar, like sports drinks, help keep your body absorbing water smoothly and can help you replenish your body as you sweat.

**! Have enough salt!**

You don’t need to overdo it but make sure to have a proper amount of salt in your diet. Remember to replenish your body’s salt after having sweat a lot.



## Useful Information for Foreign Residents and Visitors



### 1、 Notice from the Council of Local Authorities for International Relations

CLAIR has begun providing important information on 17 fields of living in Japan in 15 different languages. There is also a smart phone app available. The smart phone app, in addition to showing the living information, will also send you emergency information from the Japan Meteorological Agency in 14 different languages.

URL: <http://www.clair.or.jp/tagengo/index.html>



### 2、 Notice from the Japan Legal Support Center

The Japan Legal Support Center can now help with legal troubles in languages other than Japanese. First, contact the Japan Legal Support Center closest to you and ask for interpretation, or contact the number below.

TEL : 0570-078377



### 3、 Notice from the Yoriso Hotline

One of our professionals will work closely with you to help find a solution to your problem.

TEL : 0120-279-338

URL : <http://279338.jp/yoriso/foreign/index.html>



### 4、 Multilingual Medical Questionnaire

This questionnaire is available in 18 languages and covers 11 fields of medicine. Please take this with you to the hospital and use it to explain your symptoms to the medical personnel there.

URL : <http://www.kifjp.org/medical>

**If you have any comments or suggestions about NAPIA, Please let us know**

***Nagasaki International Association***

2-11 Dejima-machi Nagasaki City TEL: 095-823-3931 FAX: 095-822-1551

E-mail: [nia@nia.or.jp](mailto:nia@nia.or.jp) <http://www.nia.or.jp>